



Standard Treatment Plans

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Wholesome Health



How I Started



IV Treatment Plans	Cost	Patient Savings
Small – 10 IVs	\$2,700	\$300
Medium – 20 IVs	\$5,100	\$900
Large – 30 IVs	\$7,200	\$1,800

Insufflation Treatment Plans	Cost	Patient Savings
Nose/Ears – 1 Kit + 10 Refills	\$140	\$15
Rectal/Vaginal – 1 Kit + 10 Refills	\$180	\$20

Wholesome Health



THE BASICS

Functional Medicine Consult
Doctor consultation, exam, lifestyle education, endobiogenie panel\$140

Functional Medicine Consult Plus
Basic plus IV therapy\$202 SAVE \$62

Lifestyle Education Consult
Includes nutritional recommendation, exercise program, lifestyle coaching\$360 SAVE \$40

Lifestyle Education Package
Includes 12 Lifestyle Education coaching sessions\$600 SAVE \$15

Insufflation Basic
Includes 5 insufflation bags\$180 SAVE \$30

Neural Therapy Basic
Includes 3 Neural therapy treatments\$425 SAVE \$75

PEMF Starter Set
Includes 3 PEMF sessions\$135 SAVE \$15

PEMF Mega Set
Includes 10 PEMF sessions\$400 SAVE \$100

NUTRITIONAL IV SETS

IV Set Silver
Includes 5 IV treatments\$787 SAVE \$87

IV Set Gold
Includes 10 IV treatments\$1,488 SAVE \$202

IV Set Platinum
Includes 15 IV treatments\$2,100 SAVE \$225

Elite Athlete Renew
Includes 3 IV therapies designed specifically to renew and rejuvenate athletes after competitions, races, and even everyday training\$472 SAVE \$23

MAKING

Live Long and Prosper
Our bodies are under constant attack, our life's stresses. We need help to fight. Includes 5 IV therapies, 5 Neural Therapies, 5 PEMF sessions

Mega Mind
Great for any brain and nerve degeneration, Alzheimers, Anxiety/Depression. Includes 10 phosphatidylcholine for brain and nerve support

Super Immunity
Designed for patients with cancer, auto-immune infections. Includes 10 IV's including ozone IV treatments, 2 Neural Therapies, 5 PEMF sessions

Just For Her Little
Let's face it, we women need a little something special for our system and feel better! Includes 3 Frankenhäuser treatments, 3 PEMF sessions.

Just For Her A Lot
Need more than "a little something"? So get a lot! Includes 5 IV treatments, 3 Frankenhäuser treatments, 2 insufflation bags, 5 PEMF sessions

OZONE BASICS

Prolozone Injection Set Small
Includes 3 Prolozone injection treatments\$400 SAVE \$100

Prolozone Injection Set Large
Includes 5 Prolozone injection treatments\$600 SAVE \$150

Chronic Joint Fixer
Includes 4 Prolozone injections, 2 IV sessions, 2 PEMF sessions, and a re-exam\$920 SAVE \$230

PATIENT PACKAGES

Wholesome Health strives to provide individualized plans to raise overall quality of life

Patient Stage



STAGE 1

Well, Anti-aging,
Maintenance

STAGE 2

Functioning
Sick

STAGE 3

Chronic

Stage Conditions



STAGE 1

- Sports Performance
- Optimal Health
- Sexual Performance
- Anti-aging
- Beauty
- Stress
- Sleep
- Energy

STAGE 2

- Cold/Flu
- Fatigue
- Energy
- Brain Fog
- Pain
- Hormones

STAGE 3

- Mold
- Autoimmune
- Lyme
- Cancer Support

Titrate Nx

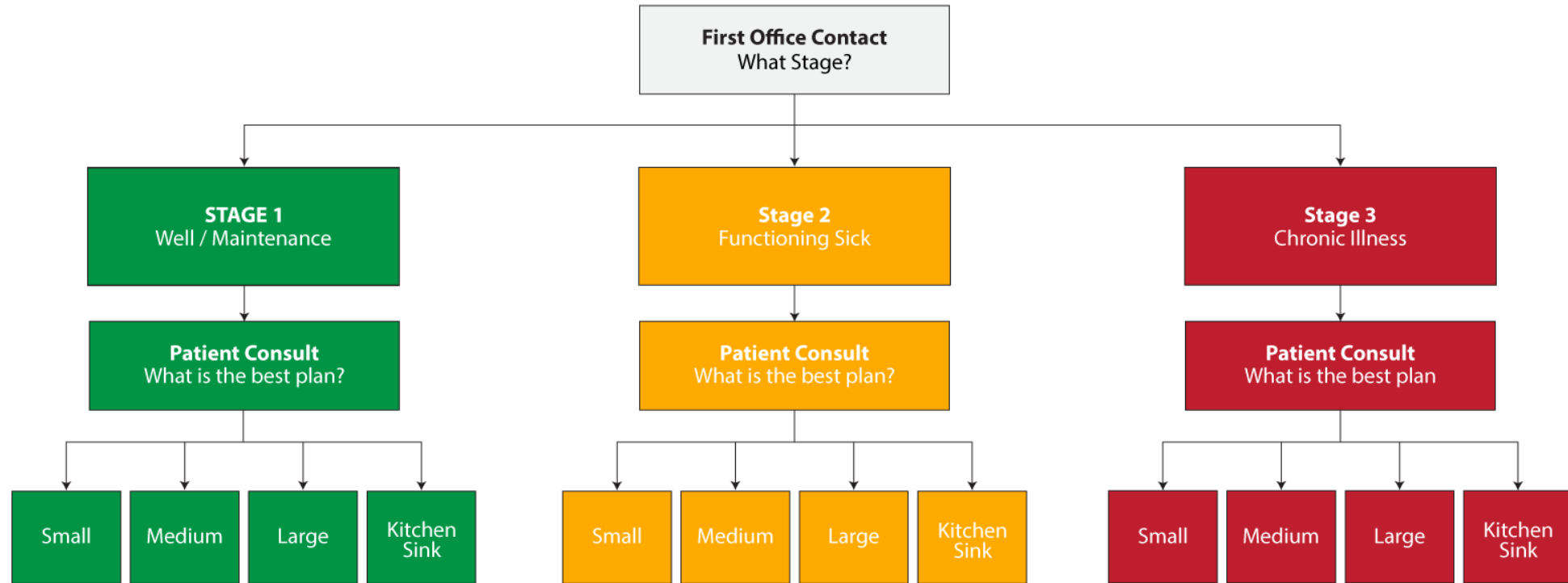


Procaine 2% 5mL		
Ingredients	mL	Cost
Carrier Solution: 250mL 0.9% NaCl	250	\$ 4.28
Procaine 2%	5	\$ 9.83
Clinic Cost		\$ 14.11
Pricing	Patient Cost	Clinic Profit
Full Price	\$ 150.00	\$ 135.89
Procaine 2% 8mL		
Ingredients	mL	Cost
Carrier Solution: 250mL 0.9% NaCl	250	\$ 4.28
Procaine 2%	8	\$ 15.73
Clinic Cost		\$ 20.01
Pricing	Patient Cost	Clinic Profit
Full Price	\$ 150.00	\$ 129.99
Procaine 2% 10mL		
Ingredients	mL	Cost
Carrier Solution: 250mL 0.9% NaCl	250	\$ 4.28
Procaine 2%	10	\$ 19.67
Clinic Cost		\$ 23.95
Pricing	Patient Cost	Clinic Profit
Full Price	\$ 150.00	\$ 126.05

Methylene Blue 1mL		
Ingredients	mL	Cost
Carrier Solution: 250mL 0.9% NaCl	250	\$ 4.28
Methylene Blue	1	\$ 7.50
Clinic Cost		\$ 11.78
Pricing	Patient Cost	Clinic Profit
Full Price	\$ 150.00	\$ 138.22
Methylene Blue 2mL		
Ingredients	mL	Cost
Carrier Solution: 250mL 0.9% NaCl	250	\$ 4.28
Methylene Blue	2	\$ 15.00
Clinic Cost		\$ 19.28
Pricing	Patient Cost	Clinic Profit
Full Price	\$ 150.00	\$ 130.72
Methylene Blue 3mL		
Ingredients	mL	Cost
Carrier Solution: 250mL 0.9% NaCl	250	\$ 4.28
Methylene Blue	3	\$ 22.50
Clinic Cost		\$ 26.78
Pricing	Patient Cost	Clinic Profit
Full Price	\$ 150.00	\$ 123.22

NAD 250mg		
Ingredients	mL	Cost
Carrier Solution: 500mL 0.9% NaCl	500	\$ 3.58
NAD 100mg/mL	2.5	\$ 43.75
Clinic Cost		\$ 47.33
Pricing	Patient Cost	Clinic Profit
Full Price	\$ 200.00	\$ 152.67
NAD 500mg		
Ingredients	mL	Cost
Carrier Solution: 500mL 0.9% NaCl	500	\$ 3.58
NAD 100mg/mL	5	\$ 87.50
Clinic Cost		\$ 91.08
Pricing	Patient Cost	Clinic Profit
Full Price	\$ 300.00	\$ 208.92
NAD 750mg		
Ingredients	mL	Cost
Carrier Solution: 1000mL 0.9% NaCl	1000	\$ 6.77
NAD 100mg/mL	7.5	\$ 131.25
Clinic Cost		\$ 138.02
Pricing	Patient Cost	Clinic Profit
Full Price	\$ 400.00	\$ 261.98

Patients Flowchart



Sample **Stage 1** Patient Plan – Small



Month	Treatment
1	Myers (10g Vit C)
2	O3UV (8400 mcg ozone)
3	Myers (20G C)
4	O3UV (25,200 mcg ozone)
5	Mineral IV
6	O3UV (25,200 mcg ozone)

Month	Treatment
7	PolyMVA
8	O3UV (25,200 mcg ozone)
9	Methylene Blue (30mg)
10	O3UV (25,200 mcg ozone)
11	Methylene Blue (40mg)
12	Re-evaluation Consult

Plan Cost: \$2,122.20

(Patient Discounted 10%: \$235.80)

Sample **Stage 1** Patient Plan – Medium



Month	Treatment	Month	Treatment
1	Myers (10g C) + GHS (500mg)	7	Methylene Blue (50 mg)
2	O3UV (8400 mcg ozone) + Procaine	8	O3UV (25,200 mcg) + Procaine
3	Myers (20g C) + GHS (1000 mg)	9	Anti-Aging + GHS (2000 mg)
4	O3UV (25,200 mcg ozone) + Procaine	10	O3UV (25,200 mcg) + Procaine
5	Methylene Blue (30mg)	11	PolyMVA
6	O3UV (25,200 mcg ozone) + Procaine	12	Re-evaluation Consult

Plan Cost: \$
(Discount Added)

Sample Stage 1 Patient Plan – Large



Month	Treatment	Month	Treatment
1	Myers (10G C) + GHS (500mg)	7	NAD+ (500mg)
2	O3UV (8400 mcg) w/MB (30mg) + Procaine	8	O3UV (84,000 mcg) w/MB (50mg)+ Procaine
3	Myers 2 (20G C) + GHS (1000 mg)	9	PolyMVA + GHS (2000 mg)
4	O3UV (70,000 mcg) w/MB (40 mg)+ Procaine	10	O3UV (84,000 mcg) w/MB (60mg)+ Procaine
5	NAD+ (250mg)	11	NAD+ (500-750 mg)
6	O3UV (84,000 mcg) w/ MB (50mg)+ Procaine	12	Re-evaluation Consult

Plan Cost: \$
(Discount Added)

Sample **Stage 2** Patient Plan – Small



Week	Treatment	Week	Treatment
1	Myers w/ 20g C	7	PolyMVA (20mL)
2	O3UV (4200 mcg) w/MB (30mg)	8	O3UV (70,000 mcg) w/ MB (60mg)
3	Myers w/40g C	9	PolyMVA (30mL)
4	O3UV (12,600 mcg) w/ MB (40mg)	10	O3UV (84,500 mcg) w/MB (60mg)
5	PolyMVA (10mL)	11	PolyMVA (30mL)
6	O3UV (25,200 mcg) w/ MB (50mg)	12	Re-evaluation Consult

Plan Cost: \$
(Discount Added)

Sample **Stage 2** Patient Plan – Medium



Week	Treatment	Week	Treatment
1	Myers w/ 20g C +. Procaine (5mL)	7	PolyMVA (20mL) + GHS (15g)
2	O3UV (4200 mcg) w/MB (30mg)	8	O3UV (70,000 mcg) w/ MB (60mg)
3	Myers w/40g C + Procaine	9	PolyMVA (30mL) + GHS (15g)
4	O3UV (12,600 mcg) w/ MB (40mg)	10	O3UV (87,500 mcg) w/MB (60mg)
5	PolyMVA (10mL) + Procaine	11	PolyMVA (30mL)
6	O3UV (25,200 mcg) w/ MB (50mg)	12	Re-evaluation Consult

Plan Cost: \$
(Discount Added)

Sample **Stage 2** Patient Plan – Large



Week	Treatment	Week	Treatment
1	Myers w/ 20g C +. Procaine (5mL) + GHS (5g)	7	PolyMVA (20mL) + Procaine + GHS (15g)
2	O3UV (4200 mcg) w/MB (30mg)	8	O3UV (70,000 mcg) w/ MB (60mg)
3	Myers w/40g C + Procaine + GHS (10g)	9	PolyMVA (30mL) + GHS (15g)
4	O3UV (12,600 mcg) w/ MB (40mg)	10	O3UV (87,500 mcg) w/MB (60mg)
5	PolyMVA (10mL) + Procaine + GHS (15g)	11	NAD+ (250mg)
6	O3UV (25,200 mcg) w/ MB (50mg)	12	Re-evaluation Consult

Plan Cost: \$
(Discount Added)

Sample **Stage 3** Patient Plan – Small



Week	Treatment	Week	Treatment
1	Myers w/ 20g C	7	PolyMVA (20mL)
2	O3UV (4200 mcg) w/MB (30mg)	8	O3UV (70,000 mcg) w/ MB (60mg)
3	Myers w/40g C	9	PolyMVA (30mL)
4	O3UV (12,600 mcg) w/ MB (40mg)	10	O3UV (84,500 mcg) w/MB (60mg)
5	PolyMVA (10mL)	11	PolyMVA (30mL)
6	O3UV (25,200 mcg) w/ MB (50mg)	12	Re-evaluation Consult

Plan Cost: \$
(Discount Added)

Sample **Stage 3** Patient Plan – Medium



Week	Treatment	Week	Treatment
1	Myers w/ 25g C + Procaine (5mL)	7	HDIVC w/100g + PolyMVA (20mL)
2	O3UV (4200 mcg) w/MB (30mg)	8	O3UV (25,200 mcg) w/ MB (60mg)
3	HDIVC w/50g C + Procaine	9	HDIVC w/ 100g +PolyMVA (30mL) + GHS (15g)
4	O3UV (8400 mcg) w/ MB (40mg)	10	O3UV (70,000 mcg) w/MB (60mg)
5	HDIVC w/ 75g + PolyMVA (10mL) + Procaine	11	HDIVC w/ 100g + PolyMVA (30mL)
6	O3UV (12,600 mcg) w/ MB (50mg)	12	Re-evaluation Consult

Plan Cost: \$
(Discount Added)

Sample **Stage 3** Patient Plan – Large



Week	Treatment	Week	Treatment
1	Myers w/ 25g C +. Procaine (5mL) +	7	HDIVD w/ 100g + PolyMVA (20mL) + Procaine
2	O3UV (4200 mcg) w/MB (30mg)	8	O3UV (70,000 mcg) w/ MB (60mg)
3	HDIVC w/50g C + Procaine	9	HDIVD w/ 100g +PolyMVA (30mL) +Procaine
4	O3UV (12,600 mcg) w/ MB (40mg)	10	O3UV (84,500 mcg) w/MB (60mg)
5	HDIVD w/ 75g + PolyMVA (10mL) + Procaine	11	NAD+ (250mg)
6	O3UV (25,200 mcg) w/ MB (50mg)	12	Re-evaluation Consult

Plan Cost: \$
(Discount Added)

Bonus Hormone Protocol and Plan – “Hot Mama”



Hot Mama Formula

- 500ml SWI
- VitC – 10,000mg
- B5 – 500mg
- B6 – 200mg
- B12 – 10mg
- B Complex - 2ml
- MgCl - 6ml
- CaCl - 6ml
- MIT-5 – 1ml
- SodBicarb - 2ml
- Copper – 2mg
- Taurine – 50mg

Osmo:285

Month	Treatment
1	Hot Mama
2	O3UV (8400 mcg ozone) + Procaine
3	Hot Mama
4	O3UV (70,000 mcg ozone) + Procaine
5	Hot Mama
6	O3UV (84,000 mcg ozone) w/MB 30mg) + Procaine
7	Hot Mama
8	O3UV (84,000 mcg) w/MB 40mg) + Procaine
9	Hot Mama
10	O3UV (84,000 mcg) w/MB 30mg) + Procaine
11	Re-evaluation Consult

Sample: Performance and Recovery Plan – “The Arnold”



The Arnold

- Ascorbic Acid 30mL
- Vita Complex 30mL
- Amino Blend 30mL
- Mineral Blend 30 mL

- Peptides
- IM NAD+

Month	Treatment
1	Recovery and Performance + GHS (500mg)
2	O3UV (8400 mcg ozone) w/ MB (30mg)
3	Recovery and Performance + GHS (1000mg)
4	O3UV (70,000 mcg ozone) + Procaine



Sample Stress/Anxiety Plan



Week	Treatment
1	PolyMVA + Procaine
2	O3UV (4200 mcg) w/MB (30mg)
3	PolyMVA + Procaine
4	O3UV (12,600 mcg) w/ MB (40mg)
5	PolyMVA (10mL) + Procaine
6	O3UV (25,200 mcg) w/ MB (50mg)

Week	Treatment
7	PolyMVA (20mL) + Procaine
8	O3UV (70,000 mcg) w/ MB (60mg)
9	PolyMVA (30mL) + Procaine
10	O3UV (84,500 mcg) w/MB (60mg)

Plan Cost: \$
(Discount Added)