

YDH Advanced Scar Protocol Patient Handout

Gold package: Microneedling + Vitti+ Scar Treatment Peptide duo + Ozone:

Includes 2 treatments with Peptide duo & Ozone

- 2 treatments, 4 weeks apart
- Peptide TB4 injectable to be brought to appointment, & GHK-CU Topical Cream to be done at home
- Procaine
- Ozone injection
- Vitt Pure- 2 treatments done 4 weeks apart
- Microneedling x 2 treatments

Silver Scar Treatment microneedling + Peptide duo + Ozone:

Includes 2 treatments with Peptide duo & Ozone

- 2 treatments, 4 weeks apart
- Peptide TB4, & GHK-CU Topical Cream
- Procaine
- Ozone injection
- Microneedling x2

Standard Scar Peptide duo + Ozone:

Includes 2 treatments with Peptide duo & Ozone

- 2 treatments, 4 weeks apart
- Peptide TB4, & GHK-CU Topical Cream
- Procaine
- Ozone injection

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Peptide duo:

GHK-CU topical- Naturally occurring copper complex that can activate healing, decreases inflammation, and has antioxidant and immune boosting effects.

- *This is to be applied to scar twice a day till bottle runs out.*

TB4- Natural peptide produced by the thymus gland that is naturally released that is released in body in response to injury to stimulate healing, decrease inflammation, and increase follicle repair.

- Can regulate actin levels to stimulate tissue cell growth and promote blood vessel formation.

Procaine- active ingredients can break down scar tissue, improve the body's ability to transport energy, restore a sense of balance to the nervous system, and reset electrical signals.

Ozone (O₃), is an energized form of oxygen which contains three atoms of oxygen rather than the two we normally breathe. Ozone helps reduce pain and inflammation by:

- Vasodilation to improve micro/peripheral circulation.
- Accelerating healing
- Recruiting your own stem cells intrinsically
- Improving tissue oxygenation by increasing oxygen transport capacity.

Post Care:

- Apply the GHK-Cu topically to scar twice a day until bottle runs out
- It is normal to experience burning or hot feeling and/or itching after the treatment. This typically subsides within 24 hours of your treatment.
- Schedule follow up appointment/next treatment at time of check out to ensure appointment availability.
- No Laser treatment for 1 week after treatment