

YDH Advanced Hair Protocol Patient Handout YDH 2024 HAIR PROTOCOL UPDATE

GOLD Advanced Biologics + Peptide Duo:

1 Treatment EV Pure + Peptide Duo

- **Gold:** Advanced biological therapy used to deliver growth factors, cytokines, and nucleic acids directly into the scalp.
- **Peptide duo included:** GHK-CU 1% Spray and TB4 injectable

SILVER Advanced Biologics : Vitti pure+ Peptide Duo

Vitti Treatments + Peptide duo

2 treatments, 4 weeks apart

- Silver- Advanced biological therapy that can aide in advanced healing and growth of hair follicles.
- **Peptide duo included:** GHK-CU 1% Spray and TB4 injectable

PRF + Peptide Duo:

2 PRF Treatments- 2 treatments, 4 weeks apart + peptide duo

- **PRF- Plasma Rich Fibrin:** Advanced form of PRP containing patients own platelets, white blood cells and stem cells used to deliver concentrated growth factors and healing properties to the scalp.
- **Peptide duo included:** GHK-CU 1% Spray and TB4 injectable

Peptide Duo:

5mL of TB4

Will be used for 2 treatments, 4 weeks apart

Patient is responsible for bringing to appointments

30mL bottle of 1% Ghk-cu- at home use

GHK-Cu 1% Spray 30mL:

- Use: Spray to hair daily at morning or night
- **Benefits:**
- Can improve hair growth
- Can improve quantity of hair
- Can prevent hair loss
- Can improve endogenous hair pigmentation
- Both women and men can use this

TB4- Natural peptide produced by the thymus gland that is naturally released that is released in body in response to injury to stimulate healing, decrease inflammation, and increase follicle repair.

- Can regulate actin levels to stimulate tissue cell growth and promote blood vessel formation.

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Patient Prep for Procedure:

- Avoid NSAIDS 3 days prior to procedure- Motrin, Aleve, Naproxen, curcumin, turmeric, fish oil etc. If taking a prescription blood thinner- discuss this with your doctors.
- Wash scalp with anti-bacterial soap directly prior to your appointment.
- Avoid steroid treatments for 2 weeks prior.

Care:

- Continue to avoid NSAIDS for 1 week post treatment. NSAIDS decrease inflammation, in this procedure we want to stimulate the inflammatory healing process.
- Wash hair the following day gently with gentle shampoo.
- Contact the office if you have any signs of infection, severe swelling, fever or discharge from the injection site.
- No exercise for 24-48 hours
- Schedule follow up appointment/next treatment at time of check out to ensure appointment availability.

Additional add on (at home) options:

PTD-DM + VALPORIC ACID SPRAY: Additional Cost \$145

Use: Spray to hair daily at night

Treatment with PTD-DBM can aid in preventing both hair loss and promoting the growth of new hair follicles. (androgenic alopecia- male pattern)