

LIMB BAGGING

WHO CAN BENEFIT?

- Patients who have ulcers, open wounds, bug bites or punctures
- Patients who have a severe rash or skin infection
- Someone who has a fungal infection
- MRSA patients

HOW IS LIMB BAGGING DONE?

How to use ozone limb bag: An ozone bag is connected to an ozone generator via silicone tubing and placed over a patient's arm or leg. You would next turn your ozone generator on, circulating ozone over a site. If you have a way to connect an ozone destruct to the bag then this would be ideal.

How to administer: You turn your ozone generator on, circulating ozone over a site. If you have a way to connect an ozone destruct to the bag then this would be ideal. Next you would set a timer for 30 mins, and once that is done you can push all the ozone trapped in the bag into the destruct, then remove the bag. I would recommend taking the bag off outside if possible to avoid having a large amount of ozone emitted into your room.

LIMB BAGGING PROTOCOL

- This is a 1-month protocol
- Start off with 60 gamma for 30 mins, 3-5x a week

- Titrate down 10 gamma each week until you reach 30 gamma
- If you have a severe wound that is weepy, then you can start at 80 gamma, then titrate back down each week by 10 gamma

PROTOCOL SUMMARY

- Start off at 60 gamma (80 gamma if severe) and decrease by 10 gamma each week
- Frequency would be 3 - 5 times per week
- This is a 1-month protocol

THINGS TO REMEMBER/KNOWLEDGE TRANSFER

- Ozone does not penetrate the skin very well so Limb bagging will work best if there is a break in the skin.
- The bag will not inflate like a balloon
- It would be best for a limb bag to be used on one patient instead of sharing.
- If you are trying to treat a site like a rash, then moisten the skin first to help the ozone absorb deeper into the tissue
- You will release a lot of ozone into your room when you take your limb bag off, so I would recommend taking the bag off your patient outside if possible. If this is not possible, then use an ozone destruct and turn a fan on to help dissipate the ozone out of your room.