

Cpt 13 Ozone and cancer

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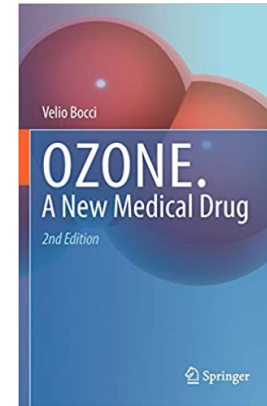
It is hard to do better than Dr Bocci has done in his book *Ozone - A new Medical Drug*. What I can bring to you is an easier to read version.

Let's start with the good aspects of ozone therapy that can have a positive effect on cancer:

- Some anti infection properties are stimulated albeit a mild immune stimulation
- Blood circulation increase and oxygen delivery uptake
- An uptick of metabolism – more energy
- Antioxidant increase – great for healing
- Quality of life is improved

Is that it? Is that all it does for cancer patients?

Ozone is a powerful therapy that should be used with almost any cancer patient. Some ozone therapy modalities are more powerful, more controlled. Major Autohemotherapy (MAHT) is well documented regarding the amount of ozone that gets into the system and what it accomplishes. Rectal ozone also has a “tested” history in Cuba and has shown great results. Other areas like cupping, ozonated water, ozone saunas have a much more limited information regarding ozone efficacy. Can some of these ozone treatments still have effect – Of course. Yes!



There are thousands of people who have used ozone in any number of ways and seen success. There is a popular blog/website on the internet for those that want to hear the success stories www.thepowerofozone.com. At the same time, there needs to be a realism to what ozone can do. If I told you that taking 5 aspirins a day for 6 months cured my multiple myeloma you would probably raise your eyebrows and say “Great”.

Would you run out and tell everyone that aspirin cures cancer? Probably not.

I heard this years ago and I do believe that is applicable. What percentage of success does it take to say that something works? Regarding cancer up to 13% of all cancers can undergo spontaneous remission. If they had happened to be juicing, saunas, coffee enemas or taking certain supplements, these people could well claim that “whatever” saved my life. If 5 people out of 100 had a cure from the 5 aspirins a day, I could start a website aspirin-cures-cancer.com If 10,000 people tried the cure and 5% thought that aspirin had a great deal to do with their healing then that would give me a pool of 500 souls to tout the benefits of aspirin for cancer.

Ozone is easy to consider a front-line therapy for many disorders. Many people use ozone as a cancer therapy at home or in the office. My contention is that it is not a primary cancer therapy but adjunctive. It can stimulate the immune system. It can cut some inflammation, it can cause oxygen uptake to increase. These are all good things.

My son had a brain tumor. He died from it in February of 2018 after many long years of varied therapies. I have studied ozone and UBI for years. I have talked with scores of physicians and visited scores of clinics. I have a number of friends that run cancer clinics. Countless hours have been spent reading

much of Bocci's work. The website Zotero has over 2,000 medical studies on all sorts of ozone therapy. It has been a privilege to teach alongside of today's leading ozone therapy experts. I'm sure that every physician would love to be able to say, "I know that ozone will cure your cancer" and really know that it is true.



Ozone is one tool in a box of tools. It is not a Silver Bullet!

It accomplishes healing in some unique ways. Does ozone cure cancer? This question begs a number of other questions.

What kind of cancer? What is its stage of progression? Has chemo or radiation been used? Are there other factors that allow the cancer to develop? Are there toxins? Is there emotional stress? Etc.

There a lot of reasons to use ozone therapy either in a physician's office or at home. Hoping that ozone alone will cure your cancer is in my opinion ...misguided.

Sitting in lectures around the world on ozone has broadened me, perhaps made me skeptical about how people handle information about this easy, effective therapy. It is a therapy, not a cure all.

You can skip this section if you have researched cancer and alternative therapies. There are dominant themes that accompany almost every alternative medical cancer conference. Beating cancer takes a multiple of activities. An easy acronym is LINDA. Later in the chapter I will address the studies and their results of ozone and cancer.

LINDA for cancer

Any practitioner worth his salt will tell you that battling cancer is a whole body, mind and spirit approach. This must seem like so much repetition to many of you but here goes.

L – Lifestyle

I – Immune system

N – Nutrition

D – Detox

A – Attack the cancer

L is for Lifestyle – This almost goes without saying. Your lifestyle affects your health. Smoking, drinking, drugs, diet, attitude, stress, lack of exercise, lack of sleep, contaminants, toxins and more all have an effect.

This area is very broad with a lot of different effects on health.

Out with the Bad and In with the Good

Bad – lethargy, depression, stress, drugs, alcohol, bad EMFs, junk food. Most of us know the things that are not healthy for us.

There are so many good books that deal with these issues. Here are a few authors that you will want to check out.

- “Killing Cancer not People” – Robert Wright
- “Beating Cancer with Nutrition Book” - Dr. Patrick Quillin, PhD, RD, CNS
- “The Truth about Cancer” – Ty Bollinger
- “Outsmart your cancer” – Tanya Harter Price
- “Knockout” - Susanne Summers,
- “Cancer Revolution” - Leigh Erin Connealy
- Trilogy of health books - W Lee Cowdan and Connie Strasheim
- “Cancer Free – Are you Sure” - Jenny Hrbacek

Then there are other good things also like good diet, air, sunshine, exercise, grounding. Often overlooked is the area of emotions. Unresolved issues add to the already taxed system. Like a car that has low tires, worn tire rods, rust in the gas tank, a broken CV joint, etc. if you just work on tuning up the motor the car will breakdown anyway. If all you do is look for some cancer cure and never deal with the other areas of your life, you are bound to “breakdown”. Here is a short list under the L category:

- Reduce Stress
- Cut out Sugars – Some say dairy
- Exercise
- Sunshine and grounding
- Eat Right
- Get rid of Toxic Teeth
- Enjoy life
- Be Thankful

Just to name a few....

I have a friend with stage 4 cancer. She has tried many of the alternatives and with good success. She has had stage 4 cancer with bone metastasis for 5 years now. That is 5 years of good family life, Five years of seeing kids grow, go to college, get married, start jobs, spend time with her husband. The cancer is closing in no matter what has been done. She has had a great quality of life. Yes some pain, some flare ups and who knows from here but every cancer person should consider quality of life. Ozone is one of the things that will help with this.

Also under lifestyle are the issues of the spirit

- Realize that you are not alone
- Be a fighter – have a will to live
- Get a good support person
- Laugh, relax, plan it and do it
- Relieve stress – it is medicinal
- Don't live by emotions – live by truth
- Remove conflicts – forgive, reconcile,
- Find peace that passes understanding
- Use a Dr that encourages this
- Acknowledge God, Prov 3: 5,6

I – Immune system

Boosting the immune system is critical. If your immune system is damaged, then you cannot fight back what ills that might be coming at you. Often it is said that we have cancer cells circulating in our bodies and it is just waiting to see a weak area in the immune system. Our immune system protects and defends against these malignant cells along with other infectious bacteria and virus.

- Improve cellular energy and immune function – ozone and UBI
- Depletions abound – Vit D, Vit C, Magnesium, trace mineral – look into Quinton®
- Fight inflammation and low grade infections – diet, silver, ozone
- Building the inner terrain – see lifestyle
- Oxygenate – oxidative therapies. Ozone comes in here.
- Increase macrophage and T-cell activity – diet, exercise, supplements
- Do realize that chemo and radiation act as an immune suppressant

N as in Nutrition, Diet, Supplements

- Seasonal Affective Disorder - get sunshine and work on mood
- You should be familiar with the Vitamin D chart and your D levels
- Selenium, sea salt, iodine, green juices are all good
- Veggies – eat the rainbow of colors
- No or low sugars
- Individualized Program – read the books, get with your physician
- Eat less, eat more often, eat more veggies
- Good balanced, complete vitamins
- Co Q 10, glutathione
- Alkaline diet may help
- Curcumin, omega-3
- Digestive enzymes
- Glycemic index – balance

D for Detox

- Ridding the body of those things that create a “hostile to healing” environment
- Sauna – sweating
- Water – ½ of your weight in ounces each day
- Bowel health – regular and often
- Bringing in the best – air, water, food
- 7-8 Hours of good sleep
- Meditation
- Breathing

Get rid of the bad

- Poor food nutrition
- Electromagnetic fields
- Toxic emotions
- Polluted Air
- Pesticides
- Biotoxins
- Allergens
- Mold

A is for Attack the Cancer

There are so many, diverse ways to attack the cancer. This is where a trained, practicing cancer physician can really help. I live in a state where there a quite a few alternative physicians, but they do not specialize in cancer. Conventional medicine would **not** be my first choice. I would fly across the country to find a physician that I trust.

Dr Garry Gordon – A strong advocate for the patient and dubbed the “Father of Chelation” recommends that each conversation with your physician should be recorded. You WILL forget what was said. Record it and you can go over in detail the exact things that the physician is laying out for your most important therapy.

I would also do my own diligent research. The internet can be a great tool to look up studies and therapies. Most of the information will be about conventional medicine. It is great to know some of the information regarding a particular therapy. Don’t just read the website regarding the ads for a certain drug or drug company. Go to pubmed and find out the actual studies. Many cancer patients are not up for this kind of rigorous research. This is where a trusted friend can really assist in the process. Knowledge is a form of power. Be armed with accurate knowledge.

It is not my intention to denigrate any of the dedicated researchers and physicians who have been on the front lines of helping battle cancer. The problem does not seem to be individual people but a system that is gone awry. According to many over the last 50 years of research, experiments, trials and millions of patients there has only been a 2% increase in longevity of cancer patients.

<http://www.townsendletter.com/AugSept2010/cancerprogram0810.html>

Basically, It says that almost all of our efforts to control cancer with conventional medicine have failed. We are not winning the war on cancer that President Richard Nixon set out back in 1971. We have created a large industry.



**1971 - PRESIDENT NIXON
DECLARES “WAR ON CANCER”**
Launching a \$1.6 Billion (US)
dollar crusade.

Dr Connealy has a few questions from her book “Cancer Revolution” pages 157, 158 that may be good to ask. I have modified them slightly.

- 1) What factors do you base your treatment regimens on? How does this apply to my situation?
- 2) Do you prepare a specific diet plan for each patient and tailor it to their unique needs?

- 3) Do you include detoxification elements? If so what and why would that fit me?
- 4) Do you include stress reduction and other mind-body-spirit healing tools in your regimen?
- 5) What innovative techniques do you use for patient like myself? Where did you learn about it?

Questions that need Answering when Medical Statements are Made

What does it mean "improvement"? How is it measured?

Did it just take in tumor reduction or did it include quality of life?

How do we know it can be used with other drugs? Was it tested?

Who is making this statement? What is their bias?

Follow the money - who benefits? How much does this cost? How much do they make as a clinic or as a professional doing this?

Are there contrary studies?

Can I talk to 3 others who have done this?

What percentage are failed to be helped or helped only minimally?

Are there natural, non-drug treatments that work? Have you investigated them?

Is there some scientific evidence or is it all anecdotal (patient stories)?

Would you do more research if it was a close family member who had my problem? Where would you look?

What is your experience with this therapy? Is it just palliative or is it curative? Why do you say that?

With the stage of cancer that I have and the health that I now possess, what is your estimate as to what will happen if I follow your therapies for the next 6 months?

What is this going to cost?

All areas of LINDA are critical for a full and comprehensive approach to cancer. It is your life and taking time to get all of the facts straight is important.

Quality of life



This issue is RARELY addressed in conventional medicine. Pure honesty is rarely desired by the physician and usually not by the patient. In a race to live a few months or perhaps a year longer all kinds of toxic therapy are undertaken.

Would it not be better to say: This therapy **may** extend your life by up to 6 months BUT you will most likely be sick most of the time, lose your hair, damage your immune system, give you raw open sores, vomiting and diarrhea will be daily” friend” but if you live through it you may live a few extra months. You may be incontinent.....etc

Oncologists see their results over and over.

INSANITY – Thinking that doing the same thing will bring different results.

Patients want to hear that there is hope. Hope is a great healer. Unfortunately, if you have a false hope, it does not change the outcome. Would you do the therapy if 95% of those who had taken it would say “I would never choose that over again” just before they die?

Where are those statistics? When you go to pubmed or other research areas you need to be able to read what the study revealed. Here is an example.

Anaplastic oligodendrogliomas Study

A total of 368 patients were included. The median follow-up time was 60 months, and 59% of patients have died. In the RT (radiotherapy) arm, 82% of patients with tumor progression received chemotherapy. In 38% of patients in the RT/PCV arm, adjuvant PCV was discontinued for toxicity. ... Twenty-five percent of patients were diagnosed with combined 1p/19q loss; 74% of this subgroup was still alive after 60 months. RT/PCV did not improve survival in the subgroup of patients with 1p/19q loss.

Conclusion: Adjuvant PCV chemotherapy does not prolong OS (overall survival) but does increase PFS (progression free survival) in anaplastic oligodendroglioma.

<http://ascopubs.org/doi/abs/10.1200/jco.2005.04.6078>

So what does it mean? If you have this kind of brain tumor and signed up for this research Phase III trial, 38% had to quit because it was so toxic. The chemo made them so sick that they had to quit. Basically, the drug did not help overall survival and it made most of the people really sick while on it.

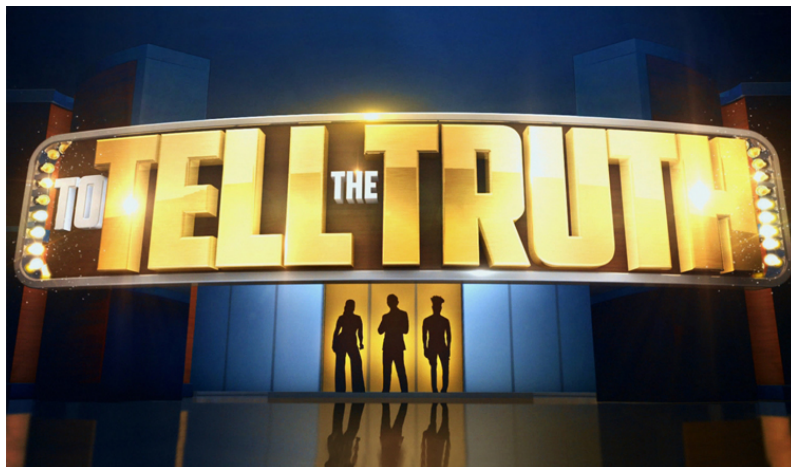
This is just one of hundreds that you can read on your own. Just go on the web and research the history, the outcomes, etc. Be smart! If you cannot do it, get a life coach, a care giver – someone who can do the research. Someone that you trust. As a father, as a researcher – don't just ignore this and listen to anyone who wears a white coat and has a fancy office that cancer treatments has purchased.

A Comment regarding the Internet

I love the internet. It has opened windows of research that were previously impossible. On it you can read that cancer cures have literally been unchanged in 50 years of research and supposed improvements. Modern medicine has worse than failed. They have created a financial monster that needs to be fed every day. We look back and say some medical practices were barbaric. We will say the same regarding the failed but continued use of cancer treatments that maim, poison and kill thousands.

As I write this another death occurred locally of a young mother with very treatable cancer. She was “overdosed” with chemo and died an excruciating death in a matter of hours. Since it was “standard of care” – just too fast, too much, it will be written off as “The heroic doctors did all they could do to save her”. It is heart breaking.

So what about reading about cancer cures on the internet? You will also read that you can cure cancer with baking soda, cottage cheese and flax seed, magnetic currents and 100 other things. What do you believe?



Falsehoods regarding Ozone: What People SayBut what is the Truth?

Statement: Ozone Cleanses the body

Truth: Ozone does not cleanse the body like it cleanses the air

Statement: Ozone kills bacteria and virus

Truth: Ozone does not kill bacteria, virus or parasites within the body. Ozone is gone in milliseconds and has no time to contact bacteria or virus when combined with the blood.

Statement: Ozone travels around the body causing all sorts of healing

Truth: Ozone does not travel around the body. Ozonides and peroxides do

Statement: Ozone kills cancer cells

Truth: Ozone does not kill cancer cells except in a Petri dish

Statement: The Germans have an ozone clinic on every corner and it is part of their conventional therapy

Truth: German conventional medicine does not accept ozone as a valid therapy

Statement: Ozone has been shown to cure HIV

Truth: Ozone does not successfully treat HIV but will give better quality of life

Statement: Ozone floods the body with oxygen

Truth: Ozone does not oxygenate all of the body's cells but causes an increased oxygen uptake if there is lower oxygen levels.

Statement: I have heard testimonies of lots of people cured with ozone from their cancer. We should just listen to those who have used it.

Truth: Theory (i.e. Bocci – who is a lot more than just theory) is not less important than testimony

These statements come from well-meaning individuals. They want to show ozone in its best and highest position. They are reading what other people have written or said and applying it as factual. Let's look at some of the facts according to the studies.

I heard that getting oxygen to the cancer cells will kill them. Does ozone get to the cancer cells with oxygen? Does hyperbaric oxygen flood the body and kill the cancer cells?

There are concepts that all cancers are hypoxic (lacking oxygen). Conventional wisdom might say that if we can add oxygen to the tumor and the surrounding tissues that the cancer would die off.

One way to do that would be with a Hyperbaric oxygen therapy. This therapy can add up to 15 times the amount of oxygen carried in the body. According to Dr Bocci this should bring the whole-body tissues up to the normal level but it is only temporary. A one or two-hour treatment every other day with oxygen levels only up to level for a short time would be a "transitory inhibition of cancer cells (that) becomes useless. 9.6 Ozone a New Medical Drug

I read a study that said that ozone kills cancer cells

An early paper by Sweet et al [115] elicited great enthusiasm having shown that ozone selectively inhibits the growth of a variety of human cancer cells *in vitro*. Unfortunately, this approach does not reflect the situation in the patient because ozone as such is never able to reach any cancer cells *in vivo*. Bocci <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3298518/> *Med Gas Res.* 2011; 1: 29.

We certainly want to look at the positive side of ozone as a cancer therapy, but it is better said that ozone is an adjunct therapy for cancer. It helps the patient, it brings more energy, less pain, better health but it has not been shown to be an "attack the cancer tumor" therapy.

Does the liver cancer study show that ozone is a cure?

Clinical evaluation of sequential medical ozone therapy for the Primary liver cancer patients after trans-arterial chemoembolization. International Journal of Ozone Therapy - April 2012

Conclusion: Primary liver cancer after intervention combined with medical ozone treatment can improve patients' physical condition and quality of life in the efficacy score....

https://www.zotero.org/groups/isco3_ozone/items/collectionKey/MI9TBP9V/itemKey/TD52P58E

How does ozone work with prostate cancer?

Ozone Therapy in Cancer Treatment: State of the Art - Menendez, Silvia

https://www.zotero.org/groups/isco3_ozone/items/collectionKey/MI9TBP9V/itemKey/NRT4QTGO/q/cancer

Ozone Sci Eng 2008

With regard to the clinical trial, patients with prostatic cancer were treated with cobalt-60 therapy and ozone (rectally), decreasing the presence of side effects (due to radiation treatment) and the prostatic specific antigen figures.

Nothing was noted as to the overall survivability of the patients that were also given radiation.

Does ozone really “cure” cancer? - This is the name of the response from Dr Bocci

Velio Bocci* Int. J. Cancer: 123, 1222 (2008) <http://onlinelibrary.wiley.com/doi/10.1002/ijc.23631/pdf>

Having worked on this topic for the past 18 years, we have clarified the chemical steps of the ozone reaction with biological fluids. In fact, ozone readily dissolves in the fluid and, by reacting with unsaturated fatty acids and antioxidants, generates, within seconds, hydrogen peroxide and a variety of peroxidation compounds....

... Our clinical study in metastatic cancer patients, after being treated with as many as 58 ozonated autohemotherapy in 6 months, did show an improvement of the quality of life but did not block metastatic progression.

So why should a cancer patient use ozone?

For general health and quality of life. Ozone does some marvelous things. Some patients are “cured” as their body gets stronger, their immune function increases, and metabolism increases. For the patient reading this section you should not be discouraged. You just found out some different information than what you previously had been told.

There is a terrific one, two punch that you can give to your system that will really help in your fight against cancer. I have mentioned it in more detail in another chapter.

You can do this at home

It will cost you about \$ 700 to get set up

It will cost less than \$ 1/treatment

You can do it 5 days a week

Ready..... Coffee Enemas followed with a rectal ozone therapy. It is a powerhouse for patients.

One more comment. I do not want to sound morbid but I am going to die. You are going to die. We want all of the good years that we can get. They are a gift from God that we should take very seriously. But really, all of us are going to die. I am not a good evangelist, but I have learned that we can be not only be ready to die but anticipating “life after death, after life”.

We fear the portal but with Christ, the outcome is fantastic. It is what we were made for.